



Rev. Keenan L. Thomas,
Pastor, SBCNS



SHILOH BAPTIST CHURCH (NEW SITE)

JULY 2026 EDITION

The Capstone E-Newsletter

Vacation Bible School 2026



Theme: "Illumination Station"
Scripture: John 8:12

What a mighty move of God we experienced during our 2026 Vacation Bible School! Our theme, **"Illumination Station,"** reminded us that as followers of Christ, we are called to let His light shine in a world that needs His love, hope, and truth.

From Monday, June 15th through Thursday, June 18th, our church was filled with excitement, laughter, learning, and Christian fellowship. Monday through Wednesday, children, youth, and adults enjoyed dynamic Bible lessons, uplifting music, creative arts and crafts, and recreational activities that strengthened our faith while helping us grow in God's Word.

We were blessed to welcome approximately **55 children each evening**, with a total attendance of **100+ people nightly**, which includes the adult class and volunteers. It was truly a blessing to see so many families and visitors come together to worship, learn, and fellowship.

We thank God for our outstanding teachers who faithfully shared the Gospel with love and enthusiasm. We celebrate all our teachers (**Dr. Exum (thank you for saying yes at the last hour)**, Jackie Williams, Destiny Sayles, Denise Milner, Curtis Milner Jeanette Ellis, Britney Carter and Barbara Green) who accepted the call to serve this year, with some stepping outside their comfort zone (Destiny-LOL). Your willingness to pour into the lives of God's

people is deeply appreciated. I never want to miss the opportunity to thank our young adults (Rochelle Wilson, Aleyah Coleman, Chianti Brown, Alyvia Stanley and others) for giving up their free time to support VBS each night.

My sincere appreciation is extended to **Sisters Josephine Saunders** and **Rhonda Lewis** for leading our arts and crafts class, where creativity and God's Word came together. A special thank you is extended to **Deacon(s) Stephen and Anna Griffin** for their faithful leadership of our Recreation Ministry, each night were games and activities that had each child filled with smiles, laughter and excitement. I would also like to personally thank **Sister Tracey Ellis**, for not only leading our music sessions with enthusiasm and joy but also creating a fun and memorable closing presentation that included every young person who attended. I am especially grateful for her dedication, encouragement, and her faithful support as my right-hand person throughout the planning and execution of VBS 2026. Thanks to the Trustees for your support with making sure the air conditioners were turned on, providing transportation and waiting around to lock up the church while some of us lingered a little too long.

Our week concluded with a spirit-filled closing program that was a beautiful celebration of everything God had done. Our youth blessed the congregation with an inspiring presentation entitled "**This Little Light of Mine**" reminding us that true joy is found in Christ. The adult class also shared heartfelt remarks and lifted their voices in song, giving glory to God for an incredible week of learning and fellowship. We were further encouraged by the closing remarks from **Minister Hayes**, who challenged us to continue living out the lessons we learned and to let the light of Christ shine wherever we go.

No Vacation Bible School is successful without faithful servants working behind the scenes. We extend our heartfelt thanks to the **Culinary Ministry** led by Sister Debbie Hamm for providing delicious meals each evening, our **Security Ministry**, led by Deacon Ray Byrd for ensuring a safe environment for all, our registration team, Deacon Angela Coleman, Sisters Delores Brown, Lisa Walden and Pamela Lamar and to Bro. Van Collier and Deacon Mary Tyson ensuring that all things flowed with their media support for onsite and online participants. Again, thanks to every teacher, volunteer, parent, and church member who gave their time, talents, prayers, and support. Your labor of love helped make this year's Vacation Bible School a tremendous success.

As always, I extend my sincere appreciation to Pastor Thomas for his unwavering support and for trusting me with the opportunity to serve as Vacation Bible School Coordinator. It has truly been an honor and a blessing to lead this ministry, and I am grateful for the confidence he has placed in me.

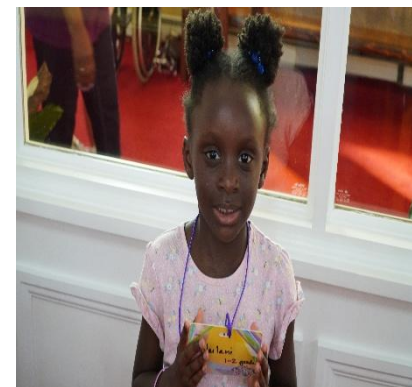
To God be all the glory for what He has done! As we leave **Illumination Station**, may we continue to walk in His marvelous light, share His love with others, and allow our lives to shine as faithful witnesses for Jesus Christ.

"Ye are the light of the world... Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven." — **Matthew 5:14, 16**

Submitted by:
Sister Carolyn Gipson, VBS Coordinator

Photos from VBS 2026







MUSIC MINISTRY

The Music Ministry Serve at the July 3rd Micah Ecumenical Community Meal

The Music Ministry of Shiloh Baptist Church (New Site) helped serve at the July 3rd, 2026 Micah Community meal. There was an overwhelming outpour of members and friends, that came out to prepare over 100 meals for the community men and women in need of a hot meal. However, due to higher than normal temperatures on the summer day and the July 4th holiday weekend, the number attendees was much lower than was expected, which allowed extra meals to be served for each diner.

Dea, Kevin Barnes opened up with Prayer and Devotion and the Music Ministry in addition to Bro. Don Brown led everyone in fellowship through songs. Rev. Dr. Mark Exum, blessed the food.

We'd like to thank the Soup and Taco Restaurant on 806 William Street in downtown Fredericksburg, Virginia for providing the delicious meals for the community and also, thank you to all that came out to assist with the setup, food preparation, distribution, and clean-up.



NOMINATING WORKING GROUP (NWG)



THE NOMINATING WORKING GROUP (NWG) CHURCH VACANCY ANNOUNCEMENTS

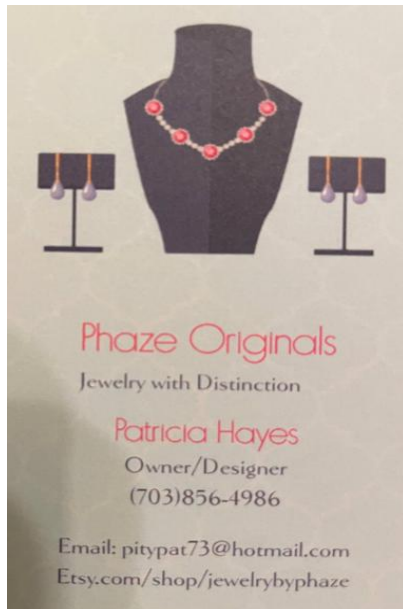
**There Are Two Vacancies:
Parliamentarian, Assistant Parliamentarian**

**If God has called you to serve
Submit your nominations in writing to a NWG member**

**Working Group:
Ella Campbell, Sandra King, and Cynthia Watkins.
Contact Church Office
shilohnewsite@gmail.com**

SHILOH BUSINESS OWNERS

Patricia Hayes (Phaze Originals)



Anne Marie Beauford

(Graceful Legacy Hospice and Peace of Mind Residential Care)



150 Riverside Parkway STE 115
Frederickburg, VA 22406
Phone: (540) 530-5554
Emergency Number: (826) 246-0005
Fax: (540) 385-0256

Email: gracefullegacyhospice@outlook.com
www.gracefullegacyhospice.com



Tamika Jackson

- Direct: (540) 840-7791
- realtortamikaworks4u@gmail.com
- realtortamikajackson.com
- facebook.com/tamika.jackson.790

CTI Real Estate LLC
• 1-800-460-4284



REALTOR® TAMIKA JACKSON
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Gary Boxley, Agent

2048 Richmond Highway Ste B
Stafford, VA 22554-7261
Bus: 703-221-1771
Fax: 703-221-1774
gary@garyboxleyinsurance.com
www.garyboxleyinsurance.com

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- Our Plans are Affordable & Accessible
- Attorney Drafted or Attorney Assisted / Avoid Probate, Protect Life & Legacy
- Financing Available, Soft Credit Pull



ATTORNEY ACCESS PLAN

- Free 1-hour Consultation with an Attorney / Retained Preferred Rate Reduction of 25%
- Individual and Family Plans are Available
- Less than the Cost of Competing Legal Plans



HUMAN RESOURCE PLANS

- Improves the Cost and Efficiency
- HR and Payroll Implementation
- Discounted Employee Benefits
- Compliance & Risk Management



STREAMING MEDIA PLANS

- Stream Channels for UNDER \$50/mol
- TV, Computers, Tablets, Smartphones ~ No Equipment to Buy or Install
- Record & Playback Your Favorites



COLLEGE DEBT PLAN

- Loan Amounts Exceeding \$25,000
- Must Be a Federal Student Loan / Client is not Currently Enrolled
- Reductions, Forgiveness, Discharge



DIGITAL IDENTITY PLANS

- Credit Monitoring up to 3 Bureaus
- Social Security Number Monitoring
- Data and Credit Privacy Protection
- Up to \$1 mil in Stolen Funds Insurance



AFFORDABLE MEDICAL PLANS

- Individuals, Family, and Corporate Plans
- Save up to 50% Medical, Dental, and More
- Medicare, Med Supps, and Advantage Plans / Cancer, Heart Attack, Stroke, Accident Plans



PAYROLL TAX PLANS

- Government Compliant Health Initiative
- Employers: Saves \$500 to \$1000 PEPY in FICA
- Employees: Receives Supplemental Benefits
- No Out-of-Pocket Cost: Payroll Tax Funded, Guardian Health Plan



**DOCTORS, THERAPISTS,
NURSES, COACHES**

- Health Coaches & Registered Nurse
- Virtual or Office Visits if Necessary

BUILDING LEGACIES • PROTECTING FUTURES • ENRICHING LIVES

Honoring Our History on the Fredericksburg Civil Rights Trail

We are thrilled to share that Shiloh Baptist Church (New Site) was recently featured in *Smithsonian Magazine*! The article, titled “Virginia’s Civil Rights Trail: 6 Historic Sites that Changed America,” shines a spotlight on the Fredericksburg Civil Rights Trail.



The trail brings to life the powerful stories and historic landmarks of our local Civil Rights movement. It beautifully highlights the vital, enduring role that African American residents have played in shaping Fredericksburg’s rich history.



When visitors reach Stop #12 on the trail, they will discover the profound role our congregation played in American history. During the peak of the 1960s Civil Rights Movement, New Site became a powerhouse for justice. As the area’s largest Black church, we became a meeting place for out-of-town activists. If you walk out to the corner of Princess Anne and Wolfe Street, you will see the beautiful historical marker detailing our roots. It tells the amazing story of our foundation—complete with a Bible, a silver dollar, and military badges sealed

inside our 1890 cornerstone—as well as the powerful contributions of Joseph Walker and Dr. Urbane Bass.

We invite our entire church family to walk this trail of remembrance! You can pick up a physical map at the Fredericksburg Visitor Center or explore the journey online at "[Freedom, a Work in Progress](#)". We are deeply honored to see our church's rich history and continued legacy recognized on a national stage.

Submitted by:
Sister Fernanda Kain, Church Secretary



Freedom, A Work in Progress City of Fredericksburg, Virginia Civil Rights Trail

Our timeline for this tour begins at the end of the Civil War in 1865. Fredericksburg's location halfway between Richmond, the capital of the Confederacy, and Washington, DC, made it the site of intense fighting as Union and Confederate armies advanced and retreated. Enslaved Black people took advantage of the shifting lines to emancipate themselves. During the summer of 1862, over 10,000 enslaved people escaped bondage by crossing the Rappahannock River in and around Fredericksburg. At a national level, in 1865, the Thirteenth Amendment was ratified by the states to abolish chattel slavery "within the United States, or any place subject to their jurisdiction." In order to regain federal representation, the former Confederate states, of which Virginia was one, had to ratify the Thirteenth Amendment.

This tour includes sites where Black people created educational, housing, and business opportunities in the midst of Jim Crow era segregation, as well as buildings where people protested racial segregation in the 1950s and 1960s. As in the rest of the United States, Fredericksburg's Civil Rights history continues into the present and this tour includes sites associated with Black political leaders in the mid to late 20th century and the Black Lives Matter protests of 2020.

This story is not the final version. It will be updated as future stories and information are uncovered and brought forward.



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RECREATION MINISTRY

From Pool Noodles to Praise: Celebrating One Year of Chair One Fitness

This month marks a joyful milestone for our church community as we celebrate the first anniversary of our Chair One Fitness class!



What began one year ago in the Education Building's multipurpose room quickly outgrew its boundaries. After our very first official meeting, it was abundantly clear that the enthusiasm for this program required a much larger home. Moving the class to the lower sanctuary allowed us to expand our schedule, and our enrollment has truly flourished ever since. To accommodate our wonderful growth, we have expanded our schedule to three weekly classes: Mondays at 6:00 PM, Wednesdays at 9:00 AM, and Wednesdays at 5:30 PM (with this evening class running until the end of

August).

Our class brings together an incredible, diverse cross-section of our congregation and local community. We have participants ranging in age from 7 to 93, including students, working professionals, and retired folks. We even have dedicated attendees who travel all the way from Woodbridge each week to move with us! The fellowship is defined by loads of laughter, spontaneous dance solos on the floor, and the supportive camaraderie of our "Amen Corner"—a group of men who sit together, challenge one another, and push each other to give their absolute best.



Over the past year, we have kept our routines exciting by using a wide variety of fitness "tools" alongside our sturdy chairs, including pool noodles, weights, drumsticks, and maracas. Did you know the human body has more than 650 muscles? In this class, we make sure to use every single one! Every organ—including the brain—is fully engaged as we move and sing.

Beyond our weekly workouts, our fitness family has rallied around important causes and themes over the last twelve months. Highlights from our first year include:

- **A "Party in Pink"** to honor and celebrate our breast cancer warriors and survivors.
- **Wearing red** in February to advocate for Heart Health Month.
- **A Hawaiian Luau**, where everyone dressed up in tropical shirts and skirts.

- **A live demonstration** of Chair One Fitness at the Top Ladies of Distinction Health Fair in May.



I want to extend a massive thank you to all of our current class members who consistently bring their "A-game," their bright energy, and their loving spirits to every single session. You make this ministry what it is, and we give God all the glory for our health, our growth, and our fellowship.

Join the Fun!

If you haven't tried Chair One Fitness yet, our circle is always open, and we would love to have you. No matter your fitness level, there is a space reserved just for you. Pull up

a chair, jump into the fun, and experience the blessings of movement and community!



Submitted by:
Sister Fernanda Kain, Chair One Fitness Instructor

USHER MINISTRY

Usher Ministry Update



Photo By Bro. Van Collier

Guest Usher Ministries from Mt. Hope Baptist Church and The New Vision Ministries Baptist Church, both from Fredericksburg, VA served with the SBCNS Usher Ministry during the 2026 Shiloh Baptist Church New Site Spring Revival. All three nights of Spring Revival were a blessing!



Photo By Dea. Dave Walden

The SBCNS Usher Ministry served the Micah Community Meal on June 5, 2026 with the assistance of the SBCNS Micah Ministry and Church Family Volunteers. The menu served was the popular KFC Chicken Pot Pies, cookies and potato chips.

AUGUST BIRTHDAY CALENDAR



August 2025 Birthday Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					James E. Canada 1	Mary M. Bennett Margo E. Melchor Emilio Prestonsoto 2
Shanice B. Swain 3	Sandra Turner 4	Bernadine Parrish 5	Mary J. Parnell 6	Kelvin McCray, Jr. 7	Megan K. Collier 8	Isabel Nelson 9
Daisy Marie Floyd 10	R. C. Anderson 11	Mary Martin 12	Winonia M. Barnes 13	Dea. Timothy Brown Ashlee D. Stone 14	15	Gabrielle A. Carter Jonathan A. Tyson 16
Rev. Ritta Armstead 17	18	Delores L. Lester 19	George Payne, Jr. 20	21	Mary P. Crawford Jeannette Ellis Sylvia P. Lewis 22	Jo Ann Berry 23
24	Caprice Davis Stephen Davis, Jr. Dea. Denise Millner 25	R. Wigglesworth 26	Colette McBeth 27	Dea. Kevin Barnes Nyle Buchanan 28	R. Johnson, Sr. Min. Donald Meney 29	Makayla V. Parrish 30
Carolyn D. Gipson Dea. Faye Patterson Josephine Walker 31						

If your name is not listed on the calendar, please contact Dea. Marqessa Njie, or Dea. Faye Patterson

Communications Ministry



Church Family,

If anyone has any upcoming milestone Wedding Anniversary dates or retirement announcements; we would like to announce these milestone celebratory events in the church newsletter. Please contact Deacon Angela Coleman or Sis. Pamela LaMar, if you have any questions.



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~~~ Special thanks to all the SBCNS Ministries for their continued support and contributions to the Capstone e-Newsletter~~~



~~Articles for the next edition are due by October 30, 2026~~

Please submit all articles in a PDF format and include the Word document version in case editing is required; limit your article to one page (if possible) and limit the number of photos; photos should be re-sized and placed within the document.

Submit to the Communications Ministry email @ shilohpubmin2@gmail.com



Deacon Angela B. Coleman
Communications Ministry (Lead)



Sister Pamela LaMar
Co-Lead Communications Ministry